

Winter Product



Enjoy the taste of winter in Kochi Recommended products in winter (December to February)

Street Markets in Winter

Many vegetables are available at street markets in winter, including leafy greens like Chinese and European cabbage, as well as traditional Kochi vegetables like Hiro'oka turnips and garlic sprouts. Kochi Prefecture's specialty citrus fruits, Tosa pomelo and yuzu, can also be found at many market stalls. Items related to annual events are also for sale, such as wreaths for Christmas; herring roe, sacred ropes, and pine branch and bamboo arrangements for the New Year's holiday; and herbs for the Festival of Seven Herbs on January 7th.

Hiro'oka turnips



This historic variety of turnips has an anecdote to go along with it. Current stall owners say that when they used to help their grandparents set up shop at the Sunday Market, their grandparents would later buy them sandals with all of the money they earned selling Hiro'oka turnips.

Yuzu

No.1
Production in
Kochi Prefecture



People in Kochi Prefecture have a practice called *su mikan* of using citrus fruits to flavor various dishes. Yuzu vinegar (*yunosu*) made from yuzu citrus juice is also for sale.

Ginger

No.1
Production in
Kochi Prefecture



Ginger harvested in summer is characterized by its beautiful white and pink hue. After the season is over, it is stored in a dark place and is later sold as "aged ginger," which is spicier and more aromatic than fresh ginger. Seed ginger is also available for purchase from March to April.

Mehikari



Also known as aome-eso or greeneye, these deep-sea fish taste great when fried.

Tosa pomelos

No.1
Production in
Kochi Prefecture



Tosa pomelos are sold individually or in boxes, and many stores offer to ship them to customers' homes. We recommend purchasing a special peeler called "Mukki-chan" for your tosa pomelos.

Garlic chives

No.1
Production in
Kochi Prefecture



Garlic chives harvested in December are the first to be cut after the chives have regrown, so their leaves are thick, broad and have a soft texture, and they taste quite sweet.

Please note that the availability of these recommended products may vary per year.